



Dear Family and Friends,

As you may or may not know, our 16-year-old daughter Julia has a disease called Focal Segmental Glomerulosclerosis (FSGS). It is a rare kidney disease that has NO CURE. Her kidneys are rapidly failing and we are beginning the process to have a transplant. Having a new kidney to replace her failing ones will give her the greatest chances of living a long time.

We could get a kidney from the deceased donor waiting list, but it takes a long time. There are over 100,000 people on the transplant waiting list already. So she would have to spend 4-8 years on the waiting list before she would even find a match.

It is possible that she could get a transplant from a living donor if someone we know would be willing to donate a kidney to her. Her transplant could be faster and more successful.

For these reasons, we are asking for your help. If you feel inclined would you go to <https://my.tonicforhealth.com/passage/survey/OPhww44yJ5dqjnPKTLa6Kw/welcome> From there you can fill out a questionnaire and then get tested to see if you are a match to become a living donor. We know this is a personal decision that isn't right for everyone. She can only receive a transplant from an O blood type. The questionnaire will need some additional information, so if you would kindly email us we would be happy to provide you with that. Please know that if you are not able to consider living donation, it will not affect our relationship or how we feel about you. Thank you for taking the time to read this and caring for our daughter Julia.

Sincerely,  
John and Shannon

Follow on Twitter and Instagram [@Cure4MyJulia](#)  
Email: [Cure4MyJulia@gmail.com](mailto:Cure4MyJulia@gmail.com)